



Coaching Adult Female Players



SOCCERCISE
GET FIT WITH FOOTBALL

Celebrate 16+ Football in Cornwall



female
football
week

Cornwall College (Pool)

Sunday 16th October 2016

- Starts at 10am
- New players
- Established players
- Ability banded games
- Great Fun
- Female referees
- Introduction to game
- Learn Futsal
- Coach or be Coached
- Celebrate the game
- Join a club
- Become a coach
- Get into refereeing
- Try soccercise
- Finish at 5pm

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Introduction to Futsal



Tournament